



Your go-to health care resource when you're on the go.

Now upgraded with simpler navigation, UnitedHealthcare Health4Me® puts your Oxford plan in your hands—24 hours a day, seven days a week.

Three ways Health4Me can work for you.



Estimate costs.

With the myHealthcare Cost Estimator tool, you can estimate out-of-pocket costs before you go to the doctor. Just enter a procedure or condition and see how different costs can be depending on where you go for care.



Access important information, immediately.

View and share important information, email your family's health plan ID cards, review claims, and check account balances and benefit amounts.



Get real, personal care.

The Health4Me app can also connect you with helpful professionals when you need them.

The Easy Connect feature asks you what kind of help you need, then has a Health Advisor contact you to answer your questions.



To learn more, visit
uhc.com/health4me.

Download the Health4Me app.





UnitedHealthcare and Oxford do not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us, such as letters in other languages or large print. You can also ask for an interpreter. To ask for help, please call the toll-free phone number listed on your health plan ID card Monday through Friday, 8 a.m. to 6 p.m. ET TTY users can dial 711.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。

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A mobile version of myHealthcare Cost Estimator is available in the Health4Me mobile app, and additional ZIP codes and procedures will be added soon. This tool is not intended to be a guarantee of your costs or benefits. Your actual costs and/or benefits may vary. When accessing the tool, please refer to the Terms and Conditions of Use and Why Your Costs May Vary sections for further information regarding cost estimates. Refer to your health plan documents for information regarding your specific benefits.

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