# An easy fit

### Aetna Dental® DMO® plan

## Easy-to-use coverage that fits your budget



If you have a health savings account (HSA) or a flexible spending account (FSA), you can use those funds to help with costs.

#### A primary care dentist (PCD) helps guide your care with this DMO\* benefits and insurance plan

What to do	How it works
Choose a PCD from our network** Use our provider search tool on Aetna.com to find one.	<ul> <li>See your PCD for regular exams and to get referrals if you need specialty care.</li> <li>Covered family members can choose their own PCDs.</li> <li>You can change your PCD once a month on your member website. Switch by the 15th day of the current month. The change will start the first day of the next month.</li> </ul>
Visit your PCD  If you see someone other than your selected PCD, you could end up paying more.	<ul> <li>Check your benefits summary, so you'll know what to pay.</li> <li>Give your member information at your visit.</li> <li>Pay your share of the cost. This may be a copay, which is a set dollar amount. Or it may be coinsurance, which is a percentage of the dentist's charge.</li> <li>That's it. No deductible, no claims forms and no yearly dollar limits.</li> </ul>

<sup>\*</sup>In Illinois, the Aetna Dental DMO plan provides limited out-of-network benefits. In order to receive maximum benefits, members must select and have care coordinated by their PCD. In Illinois, the Aetna Dental DMO plan is not a health maintenance organization (HMO). In Virginia, the DMO plan is known as the Aetna Dental Network Only plan (DNO). DNO in Virginia is not an HMO. To receive maximum benefits, members must choose a participating PCD to coordinate their care with network providers.

<sup>\*\*</sup>Your PCD keeps a list of eligible patients that is updated monthly. Your name will appear on this list when it is updated the month after your selection. Some dentists will only treat patients whose names appear on this printed monthly roster. Once you are a member, call Member Services if your dentist needs to verify your eligibility.



#### Referrals for specialty dentists

Your PCD can refer you to a specialist in the Aetna® network.\*

- · Give your member information at your visit.
- Pay your share of the cost to the dentist. Your benefits summary shows you how much.
- There's usually no paperwork involved.

#### No referrals for orthodontists

When you visit an orthodontist\*\* who participates in our network, you won't need a referral.

You usually save when you visit in-network dentists. That's because they've agreed to offer some services at special member rates.

#### **Enroll in the Aetna Dental DMO plan**

for simple, budget-friendly coverage.

### Manage your benefits, connect to care, handle claims — from anywhere

The Aetna Health<sup>sM</sup> app and your Aetna<sup>®</sup> member website are personalized, seamless and easy to use. Once you're a member, here's how you can connect:



#### Go to Aetna.com

Go to **Aetna.com** to create an account and log in to your member website.



#### Get the Aetna Health app

Get the Aetna Health app by texting "GETAPP" to **90156** for a link to download the app and create an account. Message and data rates may apply.\*\*\*

- \*This plan does not cover out-of-network benefits except to the extent required by state law. In California, your PCD may refer you to out-of-network dentists in that state. Check your plan documents for details.
- \*\*Not all plans include orthodontic care. See your plan documents for coverage details. In California, referrals to specialty care are required.
- \*\*\*Terms and conditions: **Bit.ly/2nlJFYG**. Privacy policy: **Aetna.com/legal-notices/privacy.html**. By texting **90156**, you consent to receive a one-time marketing automated text message from Aetna with a link to download the Aetna Health app. Consent is not required to download the app. You can also download it from the App Store® or the Google Play™ store.

Dental benefits and insurance plans are provided or administered by Aetna Life Insurance Company, Aetna Dental Inc., Aetna Dental of California Inc. and/or Aetna Health Inc. (Aetna). Each insurer has sole financial responsibility for its own products.

This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain coverage. Rates and benefits vary by location. Dental benefits and dental insurance plans contain exclusions and limitations. Not all dental services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and/or group size and are subject to change. Dental providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna does not provide care or guarantee access to dental services. Dental information programs provide general dental information and are not a substitute for diagnosis or treatment by a dentist or other dental care professional. Information is believed to be accurate as of the production date; however, it is subject to change. Refer to Aetna.com for more information about Aetna® plans.

Visit Aetna.com/individuals-families/member-rights-resources/rights/disclosure-information.html to view or print your medical, dental or vision plan disclosures. Here, you can also find state requirements and information on the Women's Health and Cancer Rights Act.

Employees in AZ, CA, GA, MA, MD, MO, NC, NJ and TX must either live or work within the approved DMO® service area to be eligible to enroll in the DMO®.

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**Colorado:** This policy DOES NOT include coverage of pediatric dental services as required under federal law. Coverage of pediatric dental services is available for purchase in the State of Colorado, and can be purchased as a stand-alone plan or as a covered benefit in another health plan. Please contact your insurance carrier, agent or Connect for Health Colorado to purchase either a plan that includes pediatric dental coverage, or an exchange-qualified stand-alone dental plan that includes pediatric dental coverage.

Policy forms issued in Oklahoma include: AL HCOC-Dental CD 04. Policy forms issued in Missouri include: DM HGrpAg-Dental 02.

